2020 PLAAY Summit

Positive Leadership for Active Alaska Youth

Education is Everything. Learn to Make a Difference.

A conference for leaders of youth. Professional Development Credits and CMEs available. Light fare and drinks provided. Mooses Tooth pizza on Saturday.

Friday, February 14th:

11am-12pm Registration

12-12:10pm Welcome to PLAAY Summit - Marissa Flannery, ANTHC’s Chief of Staff

12:10-1:15pm Keynote Address – State of Kid’s Health in Alaska, Commissioner Adam Crum

1-1:15pm Break

1:15-2:15pm Physical Activity and Vision Health in Children, By Dr. Robert Arnold, MD

2:15-3pm Vaping and Youth: No Silver Linings to Blowing Clouds, By Cheley Grigsby

3-3:15pm Indigenous and Free: ANTHC’s Vaping Prevention Campaign, By Dana Diehl

3:15-3:30pm Break

3:30-4:30pm Cardiac Health in Kids, by Dr. Scott Wellman, MD

4:30-5:15pm AED & Epinephrine Auto-Injector Lab

5:15-5:30pm Evaluation Forms Completed

Saturday, February 15th:

7:30-8am Continental Breakfast Provided

8-9am HIV, The End of the Epidemic, By Susan A. Jones RN MN

9-10am Bullying Prevention Basics and Youth Solution Makers, by Cari Zawodney

10-10:20am Break

10:20am-11am Emotional Intelligent PLAAY, By Mandy Casurella, LPC

11am-12pm Youth, Social Media, & Depression: A Community Issue, By Eric Boyer

12-12:20pm Break- Lunch provided by Mooses Tooth

12:20-1:30pm Guest Athlete Panel Discussion on Overcoming Adversity, led by Eric Boyer DaJonee Hale, Dom Meriweather, Denali Strabel, & Jalil Abdul-Bassit

1:30-2:30pm Creating a Strong and Cohesive Team with Your Youth, By TJ Miller

2:30-2:45pm Break

2:45-3:45pm Creating a Strong and Cohesive Team with Your Youth cont’d, By TJ Miller

3:45-4:30 Teambuilding Lab, By TJ Miller

4:30-5pm Evaluation Forms Completed

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